

We are virtual neighbors enabling mature adults to come together to LEARN, PLAN, and SERVE with spirit and dignity.

Connections

A PLAN FOR AGING THAT CONNECTS A COMMUNITY



From the Director

It's in the BAG!

Marilyn Olson,
Executive Director



Yes, the 5 th Anniversary Party is over and was a lively success. Thanks to each of you for attending, supporting and making this event our best ever. Here are some comments about the evening:

- "It was so cool!" "Incredible!" "I should have brought __, they would have loved it."**
- "It was wonderfully relaxing to be at the Harn Homestead."**
- "Loved the band"** (*Thanks Steve Hawkins and the Hawks.*)
- "Scrumptious food"** (*Thanks Kams Kookery*)
- "Line dance lessons were so fun."** (*Thanks Tina Hallmark*)
- "Wonderful evening. The word is getting out all across the city. So many partners."**
- "Such involved sponsors"** (*Thanks NERVE RENEWAL, OKC MATURE MOVES, THRIVENT FINANCIAL, DIRECTORS LIFE ASSURANCE, THE BRADFORD-Mustang, MERCER ADAMS FUNERAL SERVICE, SENIORS HELPING SENIORS, GRANT ESTATE LAW.*)

At the close of the evening, everyone left with a stylish jute VillagesOKC BAG to use all year. Inside was a bottle of Sarsaparilla to savor the memories. Didn't get one? Come by the office or call (405) 990 - 6637, we saved you one!!



Upcoming Events



Member Monday October 2nd @ 1:00pm

Are you a new member? Swing by the office for a 20 minute presentation on your member benefits and how to access your Villages account online.

Learn how to sign up for events,
view newsletters, and more!

Not a new member? Stop by and grab a cup of coffee and a snack, meet new members, and chat with others!

[Register Here!](#)

The Healthcare Forms Workshop

October 3rd @ 6:00pm
Our Lord's Lutheran Church,
2900 W Hefner Rd, OKC, OK 73120

HIPAA
Advance Directive
Healthcare Power of Attorney

After an attorney goes through each document and answers any question you will have the opportunity to complete your forms and have them notarized and witnessed.

Guests are \$30 and
VillagesOKC members are FREE.

[Register Here!](#)

The
**HEALTHCARE
FORMS[®]**
WORKSHOP

Healthcare Power of Attorney
Advance Directive
HIPAA privacy



SLTS "The Truth About Death,
Dying and Funerals: Navigating
End of Life Decisions

October 5th 10:00am

[Register Here!](#)

SLTS "Writing, Recording and
Sharing Memoirs: Strategies for
Leaving Your Legacy"

October 24th @10:00am

[Register Here!](#)

Women's Coffee

October 10th @ 10:00am

Our guest speaker, Dawn Hopkins, will be guiding us through an introduction to calligraphy session. What fun!! Supplies will be furnished but please let us know if you plan to attend.

Where: Bethany Library, 10:00am

[Register Here!](#)

**womens
coffee**

Bethany Library



EDMOND

EDUCATION SERIES



CALL (405) 990-6637

REGISTER AT

WWW.VILLAGESOKC.ORG



MITCH PARK COMMUNITY ROOM

2901 MARILYN WILLIAMS DR

DATE

SEPTEMBER 13TH 1:00 PM DR. KEVIN WHITE FREE

SEPTEMBER 20TH 1:00 PM IPHONE TIPS & TRICKS
\$20 GUESTS | FREE TO VILLAGESOKC MEMBERS

OCTOBER 11TH 1:00 PM DR. PAUL ROTHWELL FREE

OCTOBER 18TH 1:00 PM IPHONE TIPS & TRICKS
\$20 GUESTS | FREE TO VILLAGESOKC MEMBERS

NOVEMBER 8TH 1:00 PM DR. JONATHAN VESTAL. FREE

NOVEMBER 15TH 1:00 PM IPHONE TIPS & TRICKS
\$20 GUESTS | FREE TO VILLAGESOKC MEMBERS



Western Heritage Museum VIP Tour

October 12th @ 12:00pm

Join us for lunch and a VIP tour of the Cowboy and Western Heritage Museum. It will be a tour you won't want to miss! We will have lunch in the Museum and order at the food counter at 12:00. (They only take credit card.)

[Register Here!](#)

iPhone/Ipad Tips and Tricks

October 13th @ 1:00pm
VillagesOKC Office

Need help figuring out your new iPhone or iPad? Or just need someone to show you some tips and tricks? Jeff Albright from iCan Help will be at the VillagesOKC office to be your personal tech tutor, answering all your iPhone and iPad questions!

[Register Here!](#)

introducing
Jeff Albright

.....
**training &
troubleshooting
expert on
apple devices**



Jeff Albright
OWNER
iCAN help



DIRECTORS LIFE ASSURANCE

Funeral Pre-Planning with Directros Life Assurance

October 17th @11:00am

9020 N. May Ave

Join us for this free event.
Enjoy some Chick-fil-a and
learn valuable information
about the advatages of pre-
planning.

[Register Here!](#)

Oklahoma City Town Hall Lecture Series

October 19th @11:00am

**Speaker: Karl Rove
Political Strategist/Author**

[Register Here!](#)



EXPLORE

Concordia's **ROAD TRIP** series!

JOIN YOUR FRIENDS AT CONCORDIA FOR 3 ADVENTURES!

TULSA, OKLA

Day Trip - \$50/ person

- Air and Space Museum and Planetarium
- Lunch at Mother Road Market
- **BRING MONEY FOR LUNCH!**
- Philbrook Museum of Art

SEPTEMBER 27TH
DEPART AT 8:30AM

WACO, TEXAS

ONE NIGHT OVERNIGHT IN WACO

\$298/PERSON, \$100 SECOND PERSON
Wednesday

Reba's Place in Atoka, Oklahoma
Magnolia Market

HOTEL: Tru by Hilton of Waco

Thursday: Breakfast at Hotel

Armstrong/ Browning Library
Texas Rangers' Hall of Fame Museum
Dr Pepper Museum

OCTOBER 18TH-19TH

Final Trip!

PAWHUSKA, OKLA

DAY TRIP- \$65/ PERSON

- Osage Museum
- Lunch at Pioneer Woman Mercantile
- **BRING MONEY FOR LUNCH!**
- Marland's
- GrandHome/Museum
- Conoco Museum

NOVEMBER 8TH
DEPARTURE AT 8AM

**WE HOPE YOU CAN JOIN US
AS WE HIT THE ROAD!**

CALL US (405) 720-7200 TO
SAVE YOUR SPOT OR WITH
ANY QUESTIONS!

**ASK US ABOUT A SPECIAL
DISCOUNT IF YOU ATTEND
ALL 3 TRIPS!**

 **CONCORDIA**
LIFE PLAN COMMUNITY



Second Half Expo

Saturday, October 21st

8:00am-1:00pm

100+ Exhibitors and its FREE

[Register Here!](#)

Men's Coffee

Friday, October 20th

9:00am @ Panera Bread

4225 W Memorial Rd

[Register Here!](#)



NewView Factory Tour

October 20th @2:30pm

See how NewView
Oklahoma employs vision
impaired individuals in a
manufacturing setting.

[Register Here!](#)

Communication Success: Say Yes
Presenter: Carla Scull

“Yes is a word of affirmation. A fresh approach to conversation with family, children, significant other or Alztheimers.”

October 18th @ 1:00pm
Our Lord's Lutheran Church
(Hefner Rd)

[Register Here!](#)



Senior LifeSkills
Learning



Game Night is Back!

October 23rd @ 5:00pm

Join us for dinner and games in the meeting room at Johnnies on NW Expressway.

[Register Here!](#)

Restaurant Meetup!

October 26th@ 12:00pm

Join us for lunch together
with other VillagesOKC
members. Invite a friend
that needs to know about
VillagesOKC!

[Register Here!](#)



**Bridge Enthusiasts! Would anybody be interested
in starting a bridge group to meet on scheduled
afternoons every other week or so?**

**This is not “Learn to Play Bridge”, nor is it serious
competitive bridge – just people who can play and
would like to! You don’t have to be “Good”
to join! Contact Britni at Villages Office, (405)990-
6637 or info@villagesokc.com and we’ll get in
touch with you.**

Just for Members

Send us your prayer requests! We have a team of prayer warriors ready to pray for you.

Call the VillageOKC Office 405-990-6637 to share your request and we will pass it on.

Welcome our Newest Partner!

**Welcome to our newest sustaining partner,
Complete OK Home Health and Hospice!**

They provide a spectrum of in-home care services including home services, home health, palliative care, and hospice care.

They are also our headlining sponsor for our
November 1st Positive Aging Event!

Thank you Complete OK Home Health and Hospice!



October 2023

MONTHLY PLANNER

TO REGISTER FOR ALL EVENTS GO TO
[VILLAGESOKC.ORG](https://villagesokc.org)

SUN	MON	TUE	WED	THUR	FRI	SAT
01	02 Member Monday 1:00pm	03 The Healthcare Forms Workshop 6:00pm	04	05 Senior Living Truth Series 10:00am	06	07
08	09	10 Women's Coffee 10:00am	11 Edmond Education Series 1:00pm	12 See The City: Western Heritage Museum VIP Tour 12:00pm	13 Bethany Iphone/Ipad Tips and Tricks OKC 1:00pm	14
15	16	17 Funeral Pre-Planning 11:00am	18 Concordia Waco Overnight Trip 8:30am Edmond Iphone/Ipad Tips and Tricks 1:00pm	19 OKC Town Hall Lecture Series 11:00am	20 Men's Coffee 9:00am NewView Factory Tour 2:30pm	21 Second Half Expo 9:00am
22	23 Senior LifeSkills Learning 1:00pm Game Night 5:00pm	24 Senior Living Truth Series 10:00am	25	26 Restaurant Meet Up 12:00pm	27	28
29	30	31				

Weekly

Pickleball - Mon - Thurs
 @ Jackie Cooper Gym 9am-12pm

NewView Oklahoma
Calendar of Events

Sustaining Partners



Nerve Renewal
NEUROPATHY CLINIC

COMPLETEOK

Supporting Partner



Advancing Partners

Diffie Ford Lincoln Dealership

Thrivent Financial Services

Contributing Partner

Christian Brothers Automotive

Concordia Life Plan Community

Director's Life Assurance Company

Mercer Adams Funeral Service

OKC Mature Moves

S. Dean Brown

Village Friends

Cruise Planners

Eye Care Associates of Bethany

Gooden Group

Grant Estate Law

Hartsfield & Egbert, PLLC

Smooth Finish Roofing and Construction

Corporate Partners

Brain Builder Pros

Buckelew Realty

Force 50 Foundation

MCM Insurance Medicare & Retirement

NewView Oklahoma

OKC Friday News

Oklahoma Senior Journal

Oklahoma Warrior Honor Flights

Senior Living Truth Series