We are virtual neighbors enabling mature adults to come together to LEARN, PLAN, and SERVE with spirit and dignity.

# Connections villages O



## Want Positive News?

VillagesOKC members can have a weekly dose of positive Oklahoma City news all next year by purchasing a years subscription to OKC Friday for half the regular

price!



Your fellow VillagesOKC member, Vicki Gourley, is the owner/ publisher of OKC Friday a community weekly newspaper. Established in 1974 by her late husband Leland Gourley,

OKC Friday is now the only locally owned legal newspaper in Oklahoma City. The paper features individuals, businesses and news from all of greater Oklahoma City including the areas of Northwest Oklahoma City, The Village, Nichols Hills, Quail Creek, Gaillardia, and beyond.

With so much negativity in the world, we particularly

love the way OKC Friday highlights positivity and the great people of Oklahoma.

Mother taught me long ago to "shop locally" and support the home town folks. OKC Friday is a supporter of VillagesOKC; now we can take advantage of this wonderful opportunity for a weekly dose of positive news at a fraction of the regular price. As a gift Vicki will be mailing VillagesOKC members a sample issue.

To start your subscription, call Jennifer at 405.755.3311 with your credit card and tell her you are a VillagesOKC member.



Marilyn Olson, Executive Director



**Fred Wettengel,** VillagesOKC member, crossed to the next life on Saturday evening, November 20, at his home in Nichols Hills. The memorial service was held December 2.

Fred initiated and hosted VillagesOKC HE SHED where men gathered to fix things and 'chew the fat". They continued meeting even during covid. Fred never knew a stranger and was known for his 'awful Red Neck jokes'!

Carolyn and her family are very grateful for the way VillagesOKC members have been such good friends before and throughout Fred's illness. We will continue to reach out to Carolyn during this time.



### Porch Pals ~ A Blessing in Memories



The creativity, the connections, and sharing conversations is what good neighbors have always done. the living plants received this year have created calls of appreciation to the office.

One hundred year old VillagesOKC member, Helen Olson said, "I had a flashback when Gaylene and Melanie came last week. The Christmas

Cactus plant reminded me of my childhood home. In my mind I can vividly see the 4' tall plant stands outside our white farm home in Weeping Water, Nebraska. And on the stands were

beautiful Christmas
Cactus plants with
stems flowing
down more than
18 inches. Oh my,

it was just beautiful. My

mother, Florence Spangler, tended those plants for years. Just receiving this beautiful plant replayed the scene in my life when I was twelve. And by the way, my amazing calathea plant you brought three months ago now has 12 blooms. Thank you!"

Thank you, Porch Pal committee, for the difference you are making!

Porch Pals was created during the pandemic to encourage and check on our members. It has become a blessing to many who still need regular visits and conversation.



Tuesday, December 14 ~ 10am





Make sure to attend the <u>Christmas book reviews by Mitch Leasure</u>, Librarian for Adult Services at the Bethany Metropolitan Library. You may be inspired to check out a book during this season.

We meet monthly at Whipped Bakery—39th & McArthur area

Purchase your coffee and/or sweets and enjoy enlightening conversations on a variety of topics. You'll enjoy meeting old friends, making new friends, and fellowship.

Join hostesses, Kay Reid and Gaylene Stiles at Whipped!

#### A Charlie Brown Christmas (Borrowed from Charlene M. Speer & 'Christian Life Ministry')

"In 1965, Charles Schulz, a devout Christian and creator of the Peanuts comic strip, was asked to create a Christmas special for CBS featuring the Peanuts Characters. He agreed with one requirement, that they allow him to include the story of the birth of Jesus. Although the stations executives were hesitant and tried to convince him otherwise, Schulz was insistent. As a result, for the past 50 plus years, millions of people have watched and "A Charlie Brown Christmas" and heard the story of Jesus and "what Christmas is all about."

It wasn't until a few years back that I realized a "hidden message" in the film. Linus, a child who seems to have some insecurities as he carries a security blanket with him at all times. In fact, Linus NEVER drops his blanket, except once....

While sharing the message of "what Christmas is all about," Linus drops his blanket at the exact moment he says the words, "fear not!"

In this seemingly innocent moment, Linus delivers a powerful reminder of the true meaning of Christmas. We are to "fear not", for Jesus is born. We needn't rely on material things for security, we have God with us, "Immanuel", (Matthew 1:23) Jesus Christ,

our Lord and Savior - the true meaning of Christmas.

Awhile back, someone informed me. indignantly so, that Linus picks up his blanket at the end of



the speech so my interpretation must be wrong. Well, he was right, Linus does pick up his blanket at the end of his speech. However, he "drops" it again later...

Amid big, bright, colorful, shiny artificial trees, Charlie Brown chose the least of these, a little, wooden tree with just a few branches. Shortly thereafter, Linus uses his blanket to wrap about the base of the tree and says, "Maybe it just needs a little love". In that moment, the tree "awakens", stands tall and firm. A reminder that no matter who we are, how many mistakes we've made, a "little love" can make all the difference.

burgers, salads,

gluten free options.

#### The Gathering Where old friends greet and new friends meet

#### 2nd Saturday of each Month

No Gatherings in December Johnnies 33 E. 33rd St., Edmond Johnnie's has a great selection of

hotdogs, desserts, and

3rd Satur-Whipped Bakery day of each Month

3820 N MacArthur Blvd, Warr Acres, OK 73122

Whipped Bakery has a delightful selections of sandwiches and sweets.

Purchase your lunch and join our VillagesOKC friends in a private dining room.





## Think About These Things When Donating



When spending time at a Food Bank it's good to pay attention to the people receiving help. Here are some things to consider when donating:

- 1. Everyone donates Kraft Mac 'n Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
- 2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
- 3. Everyone donates pasta sauce and spaghetti noodles.
- 4. They cannot eat all the awesome canned veggies and soup unless donate a can opener or buy pop tops.
- 5. Oil is a luxury, and needed for Rice a-Roni which they also get a lot of.
- 6. Spices or salt and pepper would be a real Christmas gift.
- 7. Tea bags and coffee make them feel like you care.
- 8. Sugar and flour are treats.
- 9. Fresh produce donated by farmers and grocery stores is a luxury.
- 10. Seeds are cool in Spring and Summer

because growing can be easy for some.

- 11. They rarely get fresh meat.
- 12. Tuna and crackers make a good lunch.
- 13. Hamburger Helper goes nowhere without ground beef.
- 14. They get lots of peanut butter and jelly but usually not sandwich bread.
- 15. Butter/margarine is nice also.
- 16. Eggs are a real commodity.
- 17. Cake mix and frosting makes it possible to make a child's birthday cake.
- 18. Dishwashing soap and detergent is very expensive and is always appreciated.
- 19. Feminine hygiene products are a luxury women will cry over.
- 20. Everyone loves Stove Top Stuffing!

Join us at

#### Ebenezer Baptist Church

**Food Bank** 

December 10—9a-2p

We need volunteers to unwrap boxes

and sort food items.

 $\mathscr{E}_{\mathscr{Y}}$ 

Elaine Wood: 405.476.5862

VillagesOKC: 405.990.6637



This interactive workshop guides participants through 12 key areas most impacted by life transitions.

**Introductory Price** 

\$20—Current Members

Alumni (repeat)—no charge

Registration required:

405.990.6637

Call about January Classes

#### A Cheerful Heart is Good Medicine Proverbs 17:22



GBdan Crane All dobts reserved

## **VillagesOKC Shirts Available**



We have received a new shipment of VOKC shirts that are available to purchase. There are a variety of sizes from L—2XL. Stop by the office to check them out. We think you'll be pleased.

Tab front / V Neck—\$30

T-Shirt-\$20

## Contacting VillagesOKC

Beverley Bailey, Editor Contact: beverleybailey@villagesokc.org

VillagesOKC – 3908 N. Peniel Ave., Ste. 330, Bethany, OK 73008

Phone: 405.990.6637 E-mail: info@villagesokc.org

Website: www.VillagesOKC.org



Like us on Facebook! <a href="https://www.facebook.com/villagesOKC/">https://www.facebook.com/villagesOKC/</a>



Follow us on Instagram! <a href="https://www.instagram.com/villagesokc/">https://www.instagram.com/villagesokc/</a>



Beverley



# Trusted Businesses in OKC METRO

**Recommended By Our Members** 

AGAPE ROAD, INC.

CHRISTIAN BROTHERS AUTOMOTIVE

HARTSFIELD & EGBERT, PLLC

HOME CARE ASSISTANCE OKLAHOMA

JONATHAN D. REIFF

LAURA LYNNS HOME CARE

OASIS SENIOR ADVISORS

PROS MAKE READY SERVICES

TAMI BRUNNER - INDEPENDENT MEDICARE AGENT

WALLIS LAW GROUP



#### Sponsor Spotlight

We are very grateful to our sponsors whose regular giving provides a financial bridge for our operations. Please take time to look at the logos and reach out to thank these companies who recognize the value of the aging community. A message of "thanks" is a great way to tell them we care about their success too!































PROUDLY PHYSICIAN OWNED























S. Dean Brown, MD
Internal Medicine





Paula Thurman

Metro First Realty

Pamela Craven, MD

Cardiologist