



VIRTUAL VILLAGE VISION

Edition 20
JANUARY 2021

MESSAGE FROM KERI



Before I get into all the fun and exciting news, I want to wish you a super happy 2021! I know 2020 has been a bumpy road for all of us, but there are brighter days ahead! If 2020 has taught us anything, it's that we need friends to weather the storm! VillagesOKC provides that for us all. I was sick in December and the number of members who called, texted, offered to bring us food and medicine was truly such a blessing. I'm very happy I can call all of you my friends. Now, to the fun and exciting stuff!

The plan as of now is to continue with Zoom events for January, February and March and then reevaluate how to proceed. We will keep you informed on how we plan to proceed once we have it figured out. Our goal, and I'm sure it's yours also, is to get back to in person events. If you haven't jumped on a Zoom event, we would love to have you. I'm available to help you figure out how to get Zoom up and running on your devices.

We've had several requests to go back to a weekly newsletter. I know my inbox gets a little crazy mid-month and it's hard to find something from the beginning of the month. Starting January 2021, we will have one main newsletter that you will receive on the 1st of each month. Each Sunday, you will receive a weekly update of all the events we have

scheduled for the week and any spotlighted events for the following week.

If there is an event you would like to add to the calendar, please contact me at the office, by phone, text or email, and I add it to our weekly calendar. If it's something you think would be a fun and interesting event, let's get it planned. We've had several members in 2020 plan events and they were very successful. For example, Carolyn Wettengel and Jean Kidd presented Healing Touch, Elaine Wood found a speaker to speak on nutrition and your immune system. Carolyn also read a book and mentioned it to Caitlin Cairns. That turned into several Improv for Communication events.

If you've heard someone speak at an event, give them a call and see if they would be open to doing a presentation for us. Are you a cook or baker and want to teach a cooking class? Are you a crafter and would be interested in holding a arts and craft session? Have a book you think others would want to read and then discuss? Would you want to host a movie night and stream a movie over Zoom? The options are endless! I want your ideas! All I ask is that you give me a couple weeks notice so I can get the word out to everyone.

I think that covers it all! I look forward to hearing all your ideas for 2021!

VILLAGESOKC JANUARY SCHEDULE

For the most up-to-date information, check the VillagesOKC online calendar with this link:

[VILLAGESOKC CALENDAR](#)

*For all Zoom meetings, after registering,
you will receive a confirmation email containing information about joining the event.*

- Pickleball – Mondays and Wednesdays – 9:30-11:30am – Jackie Cooper Gym, [1024 E Main St, Yukon](#)
Tuesday and Thursday – 11:00-1:00pm – Yukon Community Center, [2200 S Holly Ave, Yukon](#)
(Masks are required at both locations)
- *Tuesday, January 5, 2021 – Women's Coffee – 10:00am – on Zoom
[Click HERE](#) to register for this event.
- Thursday, January 7, 2021 – MindRamp Elective, The Power of a Smidgen – 1:00pm – on Zoom
[Click HERE](#) to register for this event.
- Saturday, January 9, 2021 – January Edmond Gathering @ Johnnie's Charcoal Broiler – 12:30-2:30pm
[33 E. 33rd St., Edmond](#)
- Saturday, January 16, 2021 – January NW OKC Gathering @ Johnnie's Charcoal Broiler – 12:30-2:30pm
[6629 NW Expressway, OKC](#)
- *Tuesday, January 19, 2021 – Money Matters with Thrivent Financial: Economic Update – 1:00pm-2:00pm
[CLICK HERE](#) to register for this event
- *Friday, January 22, 2021 – Scam Education Protection in These Pandemic Days – 10:00am-11:00am
Sheryl Presley from Oklahoma City Police Department, Triad Coordinator
See event description on page 5
[CLICK HERE](#) to register for this event

**Member Only event*

MESSAGE FROM MO



Getting a new calendar for the upcoming year is so exciting. Just think, a whole new year, with no mistakes in it! What a gift! It boggles the mind to think what wonderful opportunities for learning and friendships lay ahead. Logging on to www.VillagesOKC.org will give you the upcoming events. You can also see events and meet members on Facebook and Instagram. Please like and share VillagesOKC posts every week.

This year, I'm looking forward to getting better acquainted with the remarkable people in this virtual village. They are creative and interesting individuals, who are choosing to age with spirit and dignity. We are blessed to be a blessing and this year promises to be EXCEPTIONAL! Invite a friend!

VILLAGESOKC MISSION STATEMENT



We are virtual neighbors enabling mature adults to come together to learn, plan and serve with spirit and dignity. As in any small town, this is a neighborhood who is connecting the good people of Greater Oklahoma City and trusted businesses to help each other with what we can when we can. It is organized friendships with appropriate boundaries.

VillagesOKC offers friendships to fill the gaps where family, church and existing friends leave off. VillagesOKC also offers trusted information and referral sources for congregations and pastors.

Learning includes creative MindRAMP Brain Classes and MindRAMP Brain Academy. Planning includes the exclusive VillagesOKC GIFT four week-workshops in intimate groups of 12. Strategic 2021 plan is to hold 33 classes in locations throughout greater Oklahoma City. Planning also includes Money Matters and Health Matters. Serving includes transportation, Buddy Checks, Porch Pals, HeShed, Monthly Gatherings in

Edmond and Oklahoma City and Trusted Business List access.

VILLAGESOKC DONATIONS

VillagesOKC help older adults stay engaged in their communities and become virtual neighbors that come together to learn, plan and serve with spirit and dignity. You can help ensure viability and take the Village movement forward by making a donation today. Click the link below to make your donation now. We also offer monthly donation options. Contact the office for more information.

Click here to
DONATE NOW

UPDATE YOUR INFORMATION

time to
UPDATE

In order to keep you up to date on all events, please fill out the Updated Information Form. We send out weekly emails on various events and we also text reminders for the events. We don't want you to miss anything coming up in 2021. If you have issues or need assistance completing the form, please call Keri at the VillagesOKC office. You will have to download the document to fill it out.

[CLICK HERE TO UPDATE YOUR INFORMATION](#)



AMAZONSMILE



VillagesOKC now has an account with Amazon Smile! AmazonSmile is a simple way for you to support VillagesOKC every time you shop, at no cost to you! All you need to do is click on this link, <https://smile.amazon.com/ch/82-3482834>, and it will take you to your Amazon account if you're already signed in on that device. This also works if you have AmazonPrime. If you access the link from your phone and have the app, it will give you prompts on how to set it up where it's a default option for all purchases! If you need help to get this set up for your Amazon account, please contact Keri. Please feel free to share this link with all your family and friends!

JOINING VILLAGES IS EASIER THAN EVER

Since VillagesOKC is a non-profit, we are able to get greatly discounted computer/technology programs from a company called TechSoup. Because of their discounted programs, we now have a PDF version of our VillagesOKC Application. It's now able to be emailed, filled out by the new member and sent back to the office in a few easy steps. We will now be able to take an application from any location and start the membership process immediately! Please contact the office if you would like to have a digital copy of our application to send to your friends and family if they are interested in becoming members.

VILLAGESOKC JOINS OKLAHOMA CENTER FOR NON-PROFITS



*Gaylene Stiles,
VillagesOKC Grant Coordinator*

As the new year arrives, I look forward to my volunteer days at VillagesOKC through our new membership with the Oklahoma Center for Nonprofits. This organization offers training, consulting, advocacy, and networking opportunities in order for Villages to achieve excellence in our mission of enabling mature adults to come together to learn, plan, and serve our neighbors with spirit and dignity.

Classes range from Fundraising to Marketing/Communications to Finance to Volunteers to Leadership, etc. I am looking forward to my first class on conducting successful group meetings.

GIFT THE GIFT IN 2021

Give the GIFT that lasts the whole year! Gift a VillagesOKC GIFT Membership!

The GIFT Membership may be 'gifted' to a friend, family member, business, etc., meaning the membership fee is paid by someone other than the potential member. We are offering a special GIFT 1 Year Membership at a discounted rate of \$199 for the first year. The GIFT Membership includes a 1 year VillagesOKC Membership and the opportunity to participate in one of the many GIFT workshops we will have all over the OKC metro area in 2021. Donors should contact the VillagesOKC office at 405.990.6637 to initiate the gifting process.



*GIFT Facilitators: Julie
Davis, Marilyn Olson and
Nikki Buckelew*

CONNECT TO A FRIEND



Margaret Bridgwater,
Buddy List Coordinator

For mental and physical health, it is important to reach out and stay connected. VillagesOKC members are making phone calls to members to inform, invite, and just visit. We call these Buddy Checks. You can help keep our members connected by offering to make a few friendly calls from your home each month. A friendly call from someone offering to meet them at The Gathering or tell them about the HeShed or about the upcoming MindRAMP class, can make someone's day brighter. Call the office to be connected with our Buddy List Coordinator, Margaret Bridgwater.

SCAM EDUCATION PROTECTION



Sheryl Presley from Oklahoma City Police Department, Triad Coordinator
Scam Education Protection in These Pandemic Days

Friday, January 22, 2021

10:00am

**Member Only Event*

[CLICK HERE TO REGISTER](#)

Sheryl Presley, TRIAD Coordinator, Oklahoma City Police Department became Oklahoma City's TRIAD Coordinator on October of 1998. This position requires working with the 50-Plus Community in Oklahoma City; she also works closely with the Oklahoma County Sheriffs Department in educating the 50-Plus citizens of Oklahoma as to their rights, opportunities

available to them and laws that may affect their lives. Sheryl holds an Associate of Science degree in Criminal Justice from Oklahoma State University. She has held several Fraud Forums for Oklahoma City Police Department and Piedmont Police Department. She has enjoyed a long acquaintance with the Oklahoma City Police Department.

Triad is an agreement between local law enforcement and older/retired persons to work together to reduce the criminal victimization of senior citizens. Triad enhances the delivery of law enforcement services to our older citizens.

Triad educates citizens in crime prevention and victim/witness programs for older persons. Triad also recruits and trains volunteers to assist the police and sheriff's departments. Triad provides a forum for law enforcement and the community to share needs and concerns and work together to develop solutions and identify problem areas for seniors, and develop and implement community wide solutions.

THE GIFT – 2021 DATES



The GIFT is a four-week interactive workshop guiding participants through 12 key areas most impacted in a transition. Participants learn time-saving techniques, providing rapid access to key information when needed. Attendees receive the exclusive VillagesOKC GIFT Binder to keep, a trusted network of professionals with resources, and a safe and confidential environment providing support, encouragement and direction.

The GIFT workshop dates for 2021:

Hosted by: Nikki Buckelew, Senior Living Truth Series via Zoom: Virtual – Saturdays – Jan 16, 23, 30, Feb 6, – 10:00am

Hosted by: The Vault 405 – Edmond – Mondays – Jan 18, 25, Feb 1, 8 – 4:30pm

Hosted by: Bethany First Church of the Nazarene – Wednesdays – Jan 20, 27, Feb 3, 10 – 6:30pm

Hosted by: VillagesOKC – VillagesOKC Office – Bethany – Mondays – Jan 25, Feb 1, 8, 15 – 10:00am

Hosted by: Synergy Home Care – Edmond – Tuesdays – Feb 2, 9, 16, 23 – 4:30pm

Hosted by: TBD – Yukon – Sundays – Feb 21, 28, Mar 7, 17 – 4:30pm

Hosted by: Concordia at Zion Lutheran Church – Tuesdays – April 6, 13, 20, 27 – 10:00am

Hosted by Concordia at Messiah Lutheran Church – Tuesday July 6, Mondays July 12, 19, 26 – 6:30pm

Be prepared! EVERY VILLAGE MEMBER and all your neighbors and church friends and club friends will want to enroll in one of these 4-week GIFT classes.

Call/text 405.990.6637 to reserve your spot today!

Now Scheduling 2021 Host Locations! All that's needed is seating and a bottle of water for 12 at a church, library, restaurant, insurance agency, realtor office, wellness center or country club. If you have a suggested location for the 4-week GIFT series, please call/text the office 405.990.6637 or email info@villagesokc.org!

CONTACTING VILLAGESOKC

VillagesOKC – 3908 N. Peniel Ave., Ste. 340, Bethany, OK

Phone: 405.990.6637

E-mail: info@villagesokc.org

Website: www.VillagesOKC.org



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<https://www.facebook.com/villagesOKC/>



Follow us on Instagram!

<https://www.instagram.com/villagesokc/>



Subscribe to our YouTube Channel! @VillagesOKC

For the most up to date information on current events, please visit our website, villagesokc.org and check out the calendar! New events are added weekly!

SPONSOR SPOTLIGHT



GOODEN GROUP



S. Dean Brown, MD
Internal Medicine



Pamela Craven, MD
Cardiologist

