

VIRTUAL VILLAGE VISION

Edition 17 OCTOBER 2020

MESSAGE FROM MARILYN – 2020 VILLAGESOKC BY THE NUMBERS



- Volunteering Hours Annually: 801
- Paintings by Beverly Langley Since March: 148
- Membership: 105
- Volunteers: 105 (every member is a volunteer)
- 2020 Village-Versary Party Attendance: 56
- Members to plan/set up the party: 29
- Number of Village Sponsors: 26 (we are so grateful)
- MindRAMP Monthly Electives for Guests and Members: 23
- Members Attending National Village to Village Gathering: 11
- GIFT workshops scheduled for 2020: 8 (morning, afternoon, evening, and virtual are available)
- Johnnies Locations hosting Village Gatherings: 2 (Edmond and NW Expressway)
- How to Invest Your Own Money Class: 1
- Village Opportunities for October: endless

BETHANY ELEMENTARY AND VILLAGESOKC WORKING TOGETHER



Bethany Elementary students and principal, Mr. Bellows, holding spray bottles of virus killing Guardian 50 Broad Spectrum Sanitizer standing with VillagesOKC members.
Intergenerational collaboration makes a strong community.

For individuals and organizations, being part of a community means working together, helping each other, sharing the resources and knowledge each has. Bethany Elementary and VillagesOKC found ways to work together; by helping others, each organization helped themselves.

"The beginning of school this fall meant needed additional funds for Bethany Elementary teachers to have a non-toxic, virus killing broad spectrum sanitizer spray to use on manipulatives between classes," stated Reuben Bellows, Principal. VillagesOKC members heard of this community need and connected with one of their sponsors. Thrivent is a supporter of VillagesOKC and encourages members to be involved in the local community using Thrivent Action funds. VillagesOKC members did the leg work and made the connections, Thrivent provided the funds, and today Bethany Elementary children and teachers are safer.

Earlier this year Bethany Schools principal, Reuben Bellows, heard of VillagesOKC need for a video featuring VillagesOKC members. According to Executive Director Marilyn Olson, during the summer, Bethany's teacher and media specialist, Andrea

Stewart produced an excellent video featuring VillagesOKC members. "We were thrilled to have this high level of expertise to help tell the story of neighbors helping neighbors," Olson stated.

The spirit of reciprocity is continuing! VillagesOKC, will present other MindRAMP Brain series to Bethany STEM classes.

VILLAGESOKC OCTOBER SCHEDULE

For the most up-to-date information, check the VillagesOKC online calendar with this link: <u>VILLAGESOKC CALENDAR</u>

For all Zoom meetings, after registering, you will receive a confirmation email containing information about joining the event.

- Pickleball Mondays and Wednesdays 9:30-11:30am Jackie Cooper Gym, 1024 E Main St, Yukon Tuesday and Thursday – 11:00-1:00pm – Yukon Community Center, 2200 S Holly Ave, Yukon (Masks are required at both locations)
- Tuesdays in October 2020 National Virtual Village Gathering See event description below.
- Fridays in October 2020 HeShed at Fred Wettengel's house See event description below.
- Thursday, October 1, 2020 MindRamp Elective, Age of Champions 1:00pm (in person at the office or online)
 Click HERE to register for this event.
 (After registering, you will receive a confirmation email containing information about joining the meeting.)
- Thursday, October 1, 2020 AARP The Magazine Presents: Life Lessons From the Queen 6:00pm
 Learn about the queen's 10 rules for remaining vital. Lessons of resilience and grit from her seven decades of rule.
 Daily habits and routines that keep the queen going strong in her 90s. Special guest: Jane Seymour
 Join on the platform of your choice: YouTube: www.youtube.com/aarp or Web: www.AARP.org/atmpresents
- Tuesday, October 6, 2020 Women's Coffee 10:00am (in person at the office or online)
 Click HERE to register for this event.
- Thursday, October 8, 2020 Senior Living Truth Series The Truth about Technology for Seniors 10:00am Please register by calling 405.563.7501 or by clicking HERE
- Saturday, October 10, 2020 October Edmond Gathering @ Johnnie's Charcoal Broiler 12:30-2:30pm 33 E. 33rd St., Edmond (33rd and Boulevard St.) – See event description below.
- Tuesday, October 13, 2020 Money Matters with Thrivent Hosted by: Scott & Preston Schaefer 1:00pm
 Topic: Spending Mistakes to Avoid in Retirement
 Click HERE to register for this event.
- Thursday, October 15, 2020 Growing Wealth Improving Savings and Investments with Larry Hillman 4:00-5:00pm See event description below.
 Click HERE to register for this event.
- Saturday, October 17, 2020 October Gathering @ Johnnie's Charcoal Broiler 12:30-2:30pm 6629 NW Expressway, OKC
- Wednesday, October 21, 2020 Christian Women's Luncheon 12:00-1:30pm 3-course meal & dessert, coffee and tea Quail Creek Golf & Country Club – 3501 Quail Creek Road – OKC Cost: \$22.50 – RSVP by noon on October 17, 2020 to Peggy Bass – 405.343.0079

ATTEND THE VILLAGES NATIONAL CONFERENCE



As a member of VillagesOKC YOU HAVE AN OPPORTUNITY TO VIRTUALLY ATTEND this year's national conference.

The National Virtual Village Gathering - 20/20: Clear Vision for the Future: Tuesdays - October 6, October 13, and October 20, 2020. Attend all three days or just one in the VillagesOKC classroom. Register with Keri if you will be attending in the VillagesOKC office. Call the office for more information.

The agenda for the event can be found by clicking **HERE!**

EDMOND MONTHLY GATHERING



October 10, 2020, 12:30-2:30pm, we will have a monthly Gathering for all of our Edmond VillagesOKC Members! Join us for lunch at 33 E. 33rd St., Edmond! We have a private dining room so buy your food and head into the VillagesOKC room for some fun!

Everyone, members and friends, are welcome to attend this social gathering! Johnnie's has a great selection of burgers, salads, hotdogs and gluten free options.

GROWING WEALTH – IMPROVING SAVINGS AND INVESTMENTS



Thursday, October 15, 2020 – Growing Wealth - Improving Savings and Investments - Covering Basic through Advanced Concepts – 4:00-5:00pm

Presented by VillagesOKC member, Larry Hillman. Larry's background includes: Retired USAF Pilot and Systems Manager – 20+ years, Regional Vice President Primerica Financial Services – 23 years, Personal investment experience since 1978.

VillagesOKC Member, Larry Hillman

Investment Q&A with Larry Hillman – Thursday, October 15, 2020 – 4:00-5:00pm Click HERE to register for this event.

CHRISTIAN WOMENS LUNCHEON

Wednesday, October 21, 2020 – Christian Women's Luncheon – 12:00-1:30pm 3 course meal with dessert, coffee and tea

Quail Creek Golf & Country Club – <u>3501 Quail Creek Road – OKC</u> Cost: \$22.50 – RSVP by noon on October 17, 2020 to Peggy Bass – 405.343.0079

VillagesOKC office coordinator, Keri Sapcut, will be the inspirational speaker for the month of October for the Christian Women's Luncheon. Keri will be sharing her story of how enrolling her son into a church basketball league brought her back to church and to God.



THE GIFT – OCTOBER & NOVEMBER DATES

The GIFT is a four-week interactive workshop guiding participants through 12 key areas most impacted in a transition. Participants learn time-saving techniques, providing rapid access to key information when needed. Attendees receive the exclusive VillagesOKC GIFT Binder to keep, a trusted network of professionals with resources, and a safe and confidential environment providing support, encouragement and direction.



The GIFT workshop dates for October and November:

*The Vault 405, Main St & Broadway, Edmond—Tuesdays—Oct 6, 13, 20, 27, Nov 5—5:30pm

*The Vault 405, Main St & Broadway, Edmond—Thursdays—Oct 8, 15, 22, 29—10:00am

*Spanish Cove Academy, Yukon—Mondays—Oct 26, Nov 2, 9, 16—10:00am

*Providence Home Care, NW59th & May, OKC—Tuesdays—Oct 27, Nov 3, 10, 17—10:00am

*Synergy HomeCare, Edmond—Tuesdays—Nov 3, 10, 17, 24—5:00pm

*The Vault 405, Main St & Broadway, Edmond—Tuesdays—Nov 3, 10, 17, 24—10:00am

Virtual—Saturdays—Nov 7, 14, 21, (skip Thanksgiving week), Dec 5—10:00am

VillagesOKC member, Mary Fleming:

If you've been to your lawyer and done all that was needed there, and you've seen your doctor and done all that was needed there, and been to the funeral director and done all that was needed there, don't sit back and heave a sigh of relief that you and your heirs are prepared for whatever life deals you in the end stage. You aren't!

But if you'll attend The GIFT. Class and do the work needed there you will have done all that can be done to ease the pain and work of those who care for you or follow after you. Please do this for your children and heirs.

Then, heave your sigh of relief and sit back, for you truly HAVE done all that you can do.

Be prepared! EVERY VILLAGE MEMBER will want to enroll in one of these 4-week GIFT classes this fall.

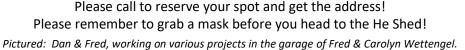
Call/text 405.990.6637 to reserve your spot today!

We need host locations! If you know of a location that would be willing to let us host a 4-week GIFT series, please call/text the office 405.990.6637 or email info@villagesokc.org!

MEN'S HE SHED

Fridays in October – from 10:00-11:30am

Fred Wettengel has opened his garage for a "He Shed". If you have a project you've been working on or you want to start repairing a broken item, we have the spot for you! Due to the pandemic, this is a limited number event. It is open to the first 7 VillagesOKC men that contact the office.





VILLAGESOKC VIDEO



Click on this link, <u>VillagesOKC Virtual Neighbors</u>, to watch our new VillagesOKC video! Please feel free to forward this to your friends, family and anyone you think would ike to know more about VillagesOKC! Special thanks to Dick Baze, Nancy Driver, Mary Fleming, Bobbie Gunn, Lewis McClain, Keri Sapcut, Andrea Stewart, Anna Stewart, Gaylene Stiles, Linda Wilkins and Elaine Wood for your help and praticipation in this video.

MINDRAMP PODCAST WITH ROGER, MICHAEL & MARILYN



Marilyn recently joined our favorite MindRAMP friends, Roger and Michael for a podcast.

To listen to the podcast: CLICK HERE for the MindRAMP Interview!

If you like podcasts, check out the other MindRAMP episodes by clicking HERE!

GIFT FACILITATOR TRAINING

The first GIFT Facilitator Training is in the books led by Dr Nikki Buckelew & Concordia's Julie Davis. Get ready Oklahoma City! Two opportunities with the GIFT classes offered every month for the next 15 months. Check out the GIFT information on page 4 of this newsletter or call 405.990.6637 for information.



WILLING TO BE INTERVIEWED?



One of our many strong sponsors is the Oklahoma Senior Journal and OSJ Radio show which airs on HANK FM every Saturday.

Robin Gunn, Host of the OSJ and is a VillagesOKC member loves promoting seniors. Now every quarter two VillagesOKC members will be part of her pre-recorded radio show, responding to interview questions, or sharing how the organization has been a resource for them. Be ready to say yes or better yet, call Keri in the office to put your name on the list.

CONNECT TO A FRIEND

For mental and physical health, it is important to reach out and stay connected. VillagesOKC members are making phone calls to members to inform, invite, and just visit. We call these buddy checks. You can help keep our members connected by offering to make a few friendly calls from your home each month. A friendly call from someone offering to meet them at Gathering or tell them about the HeShed or even about the upcoming MindRAMP class, can make someone's day brighter. Let the office know if you'd be willing.



LET KERI KNOW

VillagesOKC wants to keep up with you and see all the fun and exciting things you are doing.

Please let Keri know what you're up to by sending pictures of your adventures.

Pictures can be sent to info@villagesokc.org or text 405.990.6637.

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CONTACTING VILLAGESOKC

VillagesOKC – 3908 N. Peniel Ave., Ste. 340, Bethany, OK Phone: 405.990.6637

E-mail: info@villagesokc.org
Website: www.VillagesOKC.org





Follow us on Instagram!

https://www.instagram.com/villagesokc/

You Tube Subscribe to our YouTube Channel! @VillagesOKC

For the most up to date information on current events, please visit our website, villagesokc.org and check out the calendar! New events are added daily!