

VIRTUAL VILLAGE VISION

Edition 15 AUGUST 2020

VILLAGESOKC AUGUST SCHEDULE

For the most up-to-date information, please check the VillagesOKC online calendar with this link: <u>https://villagesokc.helpfulvillage.com/events</u>

- Mondays and Wednesdays 9:30-11:30am Pickleball Jackie Cooper Gym, 1024 E Main St, Yukon Tuesday and Thursday – 11:00am-1:00pm – Yukon Community Center, 2200 S Holly Ave, Yukon (Masks are required at both locations)
- Fridays in August 2020 He Shed at Fred Wettengel's house See event description below.
- Tuesday, August 4, 2020 Women's Coffee 10:00am Register in advance for this meeting: <u>https://zoom.us/meeting/register/tZ0qdOmqrDkrXyc255l2IKChWEeK4LENNw</u> (After registering, you will receive a confirmation email containing information about joining the meeting.)
- Tuesday, August 4, 2020 Tuesday with Thrivent 1:00pm Register in advance for this meeting: <u>https://zoom.us/meeting/register/tJcpfuygqT4vHdWi1tdE6YwMDsR7BDff6hoh</u> (After registering, you will receive a confirmation email containing information about joining the meeting.)
- Saturday, August 15, 2020 July Gathering @ Johnnie's Charcoal Broiler, 6629 NW Expressway 12:30-2:30pm
- Wednesday, August 19, 2020 MindRamp Brain Class 1:30pm Register in advance for this meeting: <u>https://zoom.us/meeting/register/tJMscOGqqT4sHdxtWDvDik_nbsSFfia4BsJH</u> (After registering, you will receive a confirmation email containing information about joining the meeting.)
- Thursday, August 20, 2020 Senior Living Truth Series The Truth About Living and Dying with Dignity This month's event will be online only. Please register at the number below or with the link provided. RSVP: 405-563-7501 or www.seniorlivingtruthseries.com

MEN'S HE SHED



Fridays in August - from 10:00-11:30am

Fred Wettengel has opened his garage for a "He Shed". If you have a project you've been working on or you want to start repairing a broken item, we have the spot for you! Due to the pandemic, this is a limited number event. It is open to the first 7 VillagesOKC men that contact the office.

Please call to reserve your spot and get the address! Please remember to grab a mask before you head to the He Shed!

Pictured: Jim, Dick, Dan & Fred, working on various projects in the garage of Fred & Carolyn Wettengel.

BEVERLY LANGLEY ART SHOW – FINDING JOY IN THE QUARANTINE



OKLAHOMA CITY – Beverly Langley, a 90-year-old OKC resident at Concordia Life Plan Community and member of VillagesOKC, painted over 80 watercolor pieces while sheltering in place during the coronavirus pandemic. Her paintings were on display July 21 and 22 at a virtual and in-person fundraiser helping local older adults.

The socially distanced in-person portion of the event was held in the 36th Street Square Event Center in Bethany, Okla. Attendees purchased Langley's paintings of nature, landscape and still life pieces which ranged in price from \$30-\$60. Almost all of the paintings sold and proceeds amounted to nearly \$2,000. Guests who wanted to stay in were encouraged to enjoy Langley's art on Concordia's Facebook Page, where there is an exclusive behind-the-scenes interview with the artist. Per Langley's request, all proceeds from the art show benefitted two

local organizations – Concordia Life Plan Community and VillagesOKC – that are dedicated to helping older adults thrive in the community.

Langley said the organizations and its volunteers inspired her during months of quarantine and encouraged her creative pursuits.

"I feel very privileged and honored to be able to display the gifts God gave me," said Langley. "While we were going through the pandemic, every day I painted something. I just loved it. It was my salvation," said Langley, a volunteer with VillagesOKC.

Concordia Marketing Director Julie Davis said Beverly taught art classes in the community where she lives just before the pandemic started. "The time, talent and treasures Beverly has shared with us are priceless," said Davis. "At Concordia, we aim to provide a vibrant environment where our residents can thrive. We know that creative endeavors like art can help provide a healthy outlet for self-expression. Beverly's positive attitude is an inspirational lesson for us all during these challenging times."

Missed the event? Check out the video and virtual fundraiser on Concordia's Facebook page. To learn more about Concordia or VillagesOKC, visit concordiaseniorliving.com or villagesokc.org.

About Concordia Life Plan Community

Concordia Life Plan Community is a senior living community located in NW Oklahoma City where residents can live independently with guaranteed access to assisted living, memory care, skilled nursing or long-term care should the need ever arise. At Concordia, residents embrace life, stay fit, grow intellectually and engage in meaningful activities. Concordia is a non-profit organization committed to upholding Christian values by serving the community through programs including free Wellness on Wheels clinics, its DME/furniture donation program, Mobile Meals, and outreach partnerships with the OKC Housing Authority. To learn more about Concordia, visit concordiaseniorliving.com.

About VillagesOKC

VillagesOKC is a member-driven, volunteer-run, not-for-profit organization that embraces bringing services to people rather than moving people to services. Members connect to develop the resources needed to age comfortably in the home of their choosing. VillagesOKC offers members services in the home, as well as social and educational events, and computer access to a preferred vendor list. For more information, visit villagesokc.org.

About 36th Street Square Event Center

The 36th Street Square Event Center is located at 6638 NW 36th Street in Bethany, Okla. Owned by sisters Brittany Hubble and Shanan Allen, the space faces the west end of the strip mall and is embracing opportunities to grow and develop 36th Studio West Co. and the 36th Square Shopping Center. For more information on the event space, call 405-409-6104.

LET KERI KNOW

VillagesOKC wants to keep up with you and see all the fun and exciting things you are doing. Please let Keri know what you're up to by sending pictures of your adventures. Pictures can be sent to info@villagesokc.org or text 405.990.6637.

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CONTACTING VILLAGESOKC

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For the most up to date information on current events, please visit our website, villagesokc.org and check out the calendar! New events are added daily!